****

**#3
The 4 Phases of Addiction** Dealing with Addiction - Part 1

**Intro** – Review the 3 Parts of the lesson.

# I. Addiction

MRI Research

“Addiction is a brain disease” - Dr. Alan Leshner (Former) Director National Drug Institute

From a Biblical perspective

Cause Effect

# II. How we Become Addicted

## Phase #1 – Learning the mood swing

 A. We learn that certain chemicals product euphoria

 B. We learn about quantity and quality

 C. We learn a key lesson

\* As long as you are going from to , you’re not learning .

## Phase #2 – Seeking the mood swing

Phase 2 Progress:

 A.

 B.

 C.

\* You’re learning works for .

## Phase #3 – Chemical dependance

 Phase 3 markers:

 A.

 B.

 C.

 D.

 E.

 F.

 G.

 H.

 I.

\* This is the phase where you your , and because of your .

## Phase #4 – Addicted

Phase #4 markers:

 A.

 B.

 C.

 D.

\* Phase #4 perception of is .

# III. Activities and Personality Adaptions

Addicted people change their and their .

**Examples:**

Paranoia Depression

Narcissism Intimacy

Manipulation Risk taking

Authority Morality