



# The Encourager

October 25 2020

## Welcome Guest

We are so glad you've come for worship today! Our prayer is you will be blessed by your time with us. Please feel free to ask us any questions you may have concerning our worship.

### Church of Christ

140 West 15th Street

Front Royal, VA, 22630

540 635 2613

[FrontRoyalChurchofChrist.com](http://FrontRoyalChurchofChrist.com)

[SimpleBibleLessons.com](http://SimpleBibleLessons.com)

#### Sunday Service's

Bible Study 10:00 am

Worship 11:00 am

Afternoon 2:00 pm

**Wednesday** 7:00 pm

#### Personal Bible Study

[SimpleBibleLessons.com](http://SimpleBibleLessons.com)

Online & In Home

Correspondence

#### Food Pantry

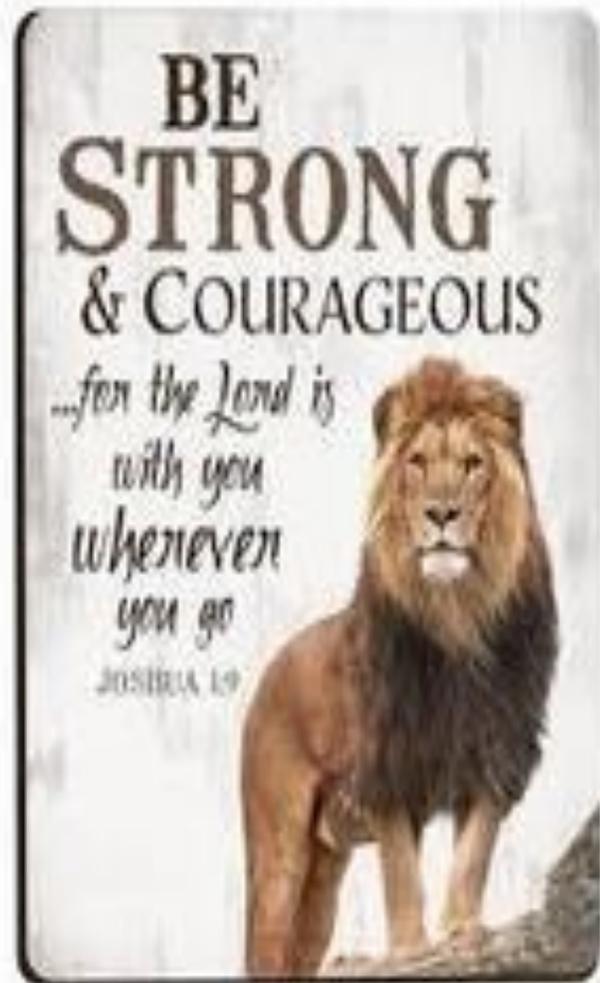
By Appointment

#### Minister

John Stephen Smith

540-635-2613

[ministerfrcoc@gmail.com](mailto:ministerfrcoc@gmail.com)



# Remember In Prayer

Mike McCool	Law-Enforcement
Jane McCool	Our Military
Cindy Candenquist	RSW Jail Ministry
Janet Jones	<b>The President</b>
Joel Jones	
Laraine Starnes	<b><u>Those Battling</u></b>
Amy Ridenour	<b><u>Cancers</u></b>
Gloria Kinney	Debra Lawson
(Tenia's sister)	Aiden Thompson
Rita Mullins	Micah Brue
Bobby Jo	Haywood Seal
Henderson	Shelly Long
Carol Ritenour	Valerie Tewalt
Anita Ferris	Ann Derflinger
David Cline	C.R. Newlin
Pat Derflinger	Priscilla L.
Mildred Bean	Jeff Pingley
Ruth Martin	Wendy Willoughby
Kim Wines	Robert Jenkins
Remi Wines	Kathy Ludwick
Scott McCool	Shirley Williams
Michael Michelucci	Phylcia Smoot
Mary Steele	
Linda York	
Robert Robinson Jr.	
Missionaries	
<b>Our Nation</b>	



**Don't Forget Our Homebound**  
**Nancy Barnes**  
**Virginia Wright**  
**Jim Durand**



**Hazel Clark is in Warren Memorial.**

**The Pipen's new address:**  
 112 Wooten Dr.  
 Farmville, Va.  
 23901



**October**  
 Marian Lozier 10/31

## November

Isaac Pepin 11/8  
 Abby Lichliter 11/17  
 Carson Van Arsdall  
 11/26  
 Rex Callaway 11/26  
 Brenda Born 11/29



Danny & Sharon  
 Derflinger 10/27

### News and Notes

**Used or like new COATS and winter clothing for VETS collections drop off at building. See Bill Adams.**

**Pantry Items  
 Instant Potatoes**



### *His Life*

*An Example Worth Following*  
*Philippians 2:5-11*

**A POINT PAUL REMINDS US OF**  
***Philippians 2:8***  
***Matthew 20:20-28***

***Hebrews 12:1-2***  
***Matthew 20:20-28***  
***Matthew 5:13-16***  
***Matthew 25:31-46***  
***John 15:1-17,***

**BE A REAL CHANGE AGENT.**

***Philippians 4:2<sup>NKJV</sup> I implore Eu-  
 odia and I implore Syntyche to be  
 of the same mind in the Lord***

**A 30-Day Challenge**



# Answers for Anxiety

Study Notes 4 of 4

Attentive to Anxiety

October 25, 2020—7:00 pm

Let's take the proactive look and learn how to stay "attentive to anxiety." We will learn how to do this from two of the more complete teachings in the Bible (one from Jesus, the other from the Apostle Paul) on handling the worries and anxieties that come from life.

## Matthew 6:19-34

1. Many worries start with <sup>A</sup> \_\_\_\_\_. "Do not store up for yourselves treasures on earth...But store up treasures in heaven...For where your treasure is, there your heart will be also...No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money." 19-24
2. Determine life's <sup>B</sup> \_\_\_\_\_. "There I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?" 25
3. Watch for the <sup>C</sup> \_\_\_\_\_ to stay attentive every day! "Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly father feeds them. Are you not much more than they?" 26
4. There is a <sup>D</sup> \_\_\_\_\_ associated with anxieties. "Can any of you by worrying add a single hour to your life." 27
5. The real problem is one of <sup>E</sup> \_\_\_\_\_. "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field...will he not much more clothe you – you of little faith?" 28-30
6. After all, aren't we Christians the <sup>F</sup> \_\_\_\_\_"? "So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things and your heavenly Father knows that you need them." 31-32
7. The solution is in our <sup>G</sup> \_\_\_\_\_! "But seek first his kingdom and his righteousness, and all these things will be given to you as well." 33
8. Jesus said it a third time, <sup>H</sup> \_\_\_\_\_! "Therefore, do not worry about tomorrow..." 34a
9. One key is to see it as a DAILY battle to win. "There do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." 34

## Philippians 4:4-9

1. Be Attentive to Anxiety with <sup>I</sup> \_\_\_\_\_. Verse 4
2. Be Attentive to Anxiety with <sup>J</sup> \_\_\_\_\_. Verse 5
3. Be Attentive to Anxiety with <sup>K</sup> \_\_\_\_\_. Verse 6
4. Be Attentive to Anxiety with <sup>L</sup> \_\_\_\_\_. Verse 6 "with thanksgiving."
5. Be Attentive to Anxiety with <sup>M</sup> \_\_\_\_\_. Verse 7
6. Be Attentive to Anxiety with <sup>N</sup> \_\_\_\_\_. Verse 8
7. Be Attentive to Anxiety with <sup>O</sup> \_\_\_\_\_. Verse 9

**Peak Passage of the Week** "Cast all your anxiety on him because he cares for you." 1 Peter 5:7



# ***Answers for Anxiety***

*Daily Devotionals or Bible Studies*

**October 2020**

1. The first “Do not worry” from Jesus is in verse 25 and in the context of his teachings on money becoming a “god” for some people. What are some ways money contributes to your personal anxieties? What are some steps to correct this?
2. The second “Do not worry” from Jesus is in verse 31 as he was talking about the “things” of this world, even things that are necessary but get too much attention as to create anxiety. What are some of those things in your life? What are some steps to correct this?
3. The third “Do not worry” from Jesus is in verse 34 when he teaches us to focus on today and not to worry about tomorrow. Why are so many of our worries about the past or the future? What can we do to live more in the “now” time of each day?
4. In Philippians 4, Paul’s words to “not be anxious about anything” seem impossible. What do you think he is trying to say to us? How does prayer fit into this? How does peace of mind factor as well?
5. In verse 8, Paul speaks about controlling what you think. Anxiety is a condition of the mind. How can we overcome anxiety with a healthy mind control? What practical steps could you take?



# The Cracked Acorn

carson van arsdall

## Emma

October 25, 2020



*And the LORD God caused a deep sleep to fall on Adam, and he slept; and He took one of his ribs and closed up the flesh in its place. Then the rib which the LORD God had taken from man He made into a woman, and He brought her to the man. – Genesis 2:21-22*

A part of the day's routine for me is to drive to the nearby SHEETZ for the morning newspaper - it should be after midnight for this, but for once in a blue moon, I am out at 10 PM. - so I intended to get coffee, a snack and return a few hours later for the POST. DITTO - I am in the snack aisle and looking over the goodies, a woman is on her knees looking at the bottom shelf; she was after Mrs. Freshley's Cinnabon Twirls (make life Sweeter!)- I got down and found them for her, so then she told me all the details about this wonderful eatable, I listened and finally wandered away, but not until she complimented my choice of what I was carrying – Quaker Maple/Brown sugar Instant oatmeal. At the coffee bar, I didn't want Decaf and needed something stronger. "Emma" came over

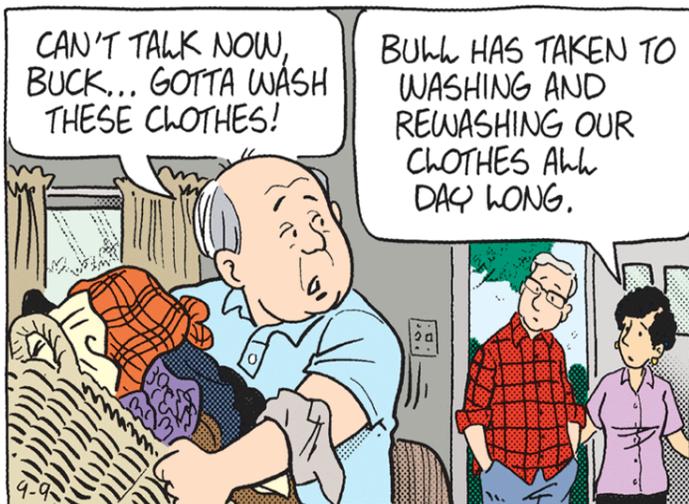
and told me of her favorite coffee's strong choice (Sumatra & Choice) - I followed through. She beat me to the checkout. "Emma" has red hair was maybe in her 50s, well dressed in a casual expensive style. I would guess she was the outdoor type and could hold her own with the best, if that should happen. It came my time to pay and I mentioned my "contact" to the clerk and that I intended to remain inside until I knew she had departed the parking lot; Now I wish I had seen what she was driving. I knew if we ever developed a relationship, I would never have to speak another word.

*A man must know his own limitations!*

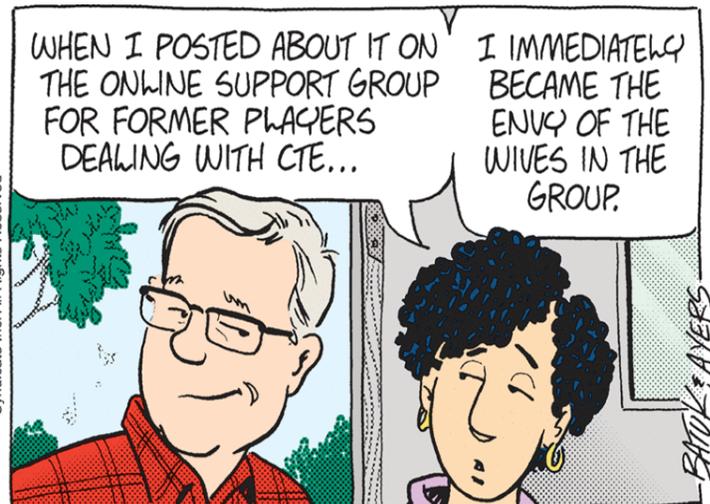
*Clint Eastwood! -*

(Emma is the name of my father – in – law's - girl friend's - sister. I last remember her in Albany, NY; I dropped her off at her apartment then she followed me back to the car and kept talking, eventually I told her I had to leave or my family might declare me missing!)

READER'S DIGEST - "The police were following a car with an elderly couple inside. At a stop light the woman fell out, she was o.k. and the police followed and pulled over her husband. "Sir! Did you know that your wife fell out at the stop light?" He replied, "Oh thank you officer, I thought I had gone deaf!"



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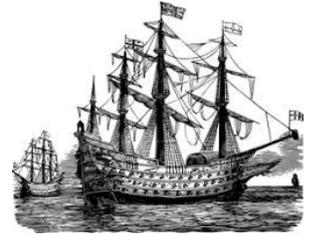


BATOM & AYERS



# Christians and Smooth Sailing

Galatians 5:13-17



Sometimes people think life will be smooth sailing after obeying the first principles of salvation, only to discover they have even more struggles than before. However, this is normal for a Christian. Before meeting the Savior, we were drifting aimlessly with the culture, and there was no inner conflict between God's desires and ours. But after salvation, we began an upstream journey called *sanctification*.

Some people thought they were signing up for a Savior who'd give them what they want, but since it's tough to be in perpetual conflict, they quickly give up and drift back to the world. Those who've counted the cost and surrendered to Christ as Lord, however, aren't left on their own to do the best they can—that would never work, because human efforts cannot overcome sin. What's needed is divine empowerment, which is exactly why we have in the person of the Holy Spirit, who came to live within us at the moment of salvation.

Look at the epistle to the Galatians, Paul warns us not to use our freedom in Christ as an excuse to drift back into sin and worldliness. Instead, we are to “walk by the Spirit” (5:16) Though we'll struggle, believers should seek to move toward holiness and Christ-likeness through the power of the Holy Spirit. This means we are continually living in conflict with the tendencies of our flesh.

Every day we grapple with sins like jealousy, strife, lust, selfishness, and pride, etc. Yet at the same time, we can learn to walk by the Spirit, who empowers us to set aside these fleshly desires. By fully submitting to Him, we can walk in victory over sin and self.



# THE BOOK OF HEBREWS

## Introduction

- Jesus is a better “kind” of High Priest.

## I. Background of Melchizedek- 7:1-10

Abraham and Melchizedek. Gen. 14:11-20

Vs. 11-12

Vs. 13-20

Hebrews and Melchizedek

Vs. 1-3

Vs. 4-10

Two types of priesthood:

Vs. 11-12

Vs. 13-14

Vs. 15-17

Vs. 18-19

Vs. 20-22

Vs. 23-25

Vs. 26-28

**Summary:**

Author summarizes ideas regarding Melchizedek.

Introduces two new ideas.

A.

B.

The message of Hebrews is very clear: